Pre/Post-Training/extended engagement Questionnaire

The intent of this exercise is to help you self-evaluate and measure your improvements as the program progresses. The results are strictly confidential and shall not be shared/used for any other purpose within/ outside the organization.

Please respond to following questionnaire, please indicate your frank opinion by choosing answers from scale 1 to 10 where 1 indicates least and 10 indicates most.

**Quantitative**

Please indicate your frank opinion by choosing your responses from scale 1 to 10 where 1 indicates least and 10 indicates most

1. My confidence level at workplace where male colleagues are more in number
2. Extent of efforts I make to establish and maintains good relationships with customers.
3. Extent of efforts I make to establish and maintains good relationships with colleagues.
4. My skill level in networking with seniors.
5. My confidence level in successfully handling my current assignment.
6. My confidence level in working in any other assignment in my current Domain.
7. My ability to deal with failures and bounce back.
8. My ability to cope up with stressful work environment.
9. The level of support that I can draw from my family members for manging both work and home front effectively.
10. My skill level in switching from office to home mode on daily basis
11. My belief level that I am doing justice with both personal and office responsibilities.
12. Extent of work-life balance in my life.

**Qualitative**

Please indicate your response in Yes or No

1. You are sufficiently equipped to handle any assignment in future as per organizational requirement.
2. Yes b. No
3. You find it confident to handle young, impatient, and ambitious new gen employee. a. Yes b. No
4. The trust level on you among your team members has increased. a. Yes b. No
5. Your superior has noticed the visible improvement in your personality a. Yes b. No
6. You are well equipped to manage conflicts and able to find and implement suitable solutions.

a. Yes b. No

1. You are provided with sufficient inputs to handle emotional situations at workplace.

a. Yes b. No

1. You are well-equipped to accept, internalize and implement change management practices.

a. Yes b. No

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